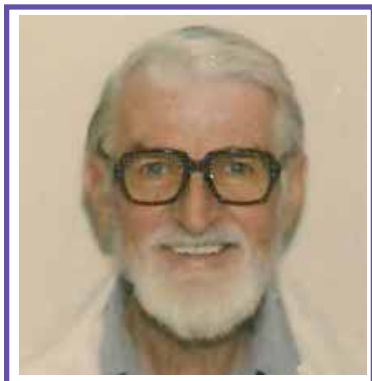


Seton Notes

Volunteer Spotlight



After 25 years of employment as the Chief Medical Technologist at DW McMillan Memorial Hospital in Brewton, Alabama,

Warren Garmeson decided to retire. But his retirement has not been characterized by days of leisurely activities and cocktails at sunset.

Healthcare has been a part of his life for over 50 years starting in World War II as a US Army medic. Shortly after his retirement, Warren began volunteering at Sacred Heart Hospital in the Laboratory. He assisted with distribution of Pathology reports, as well as serving in the Inpatient Pharmacy assisting with putting away the pharmaceutical orders. For many years, he volunteered several days every week. During

good weather he was known to walk to and from his home to volunteer. He also would stop by on Sunday mornings before going to church to distribute magazines throughout the waiting areas.

Warren was a real athlete with over 100 trophies and ribbons for running in competitive and charity races. During his early 60's, he participated in a race riding his bicycle for over 130 miles.

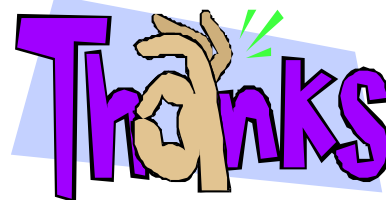
As a compassionate husband, he cared for two wives during their many years of affliction with cancer. He is also dedicated in his church service and sings in two church choirs.

Warren has served for over 14 years and has recently earned his 14,000 hour service pin. We salute you, Warren, for your dedicated service to Sacred Heart and wish you the best as you "retire" from your retirement.

Fiscal Year 2009 Volunteer Service Totals

Volunteers donated a total of **57,983** hours during the last fiscal year (July 2008 - June 2009) - an increase of 4.9% over FY 2008!! That's the equivalent of **28** full time employees.

An estimated value of this donated service by our volunteers is **\$640,712. WOW!**





Volunteers

Samuel Coppenger
 Jessica Hill
 Erin Johnson
 Cassie Ruiz
 Kaitlin Williams

Mother Seton Guild

Dr. Gary Cumberland
 Patricia Dismukes
 David Heine
 Jan Smith

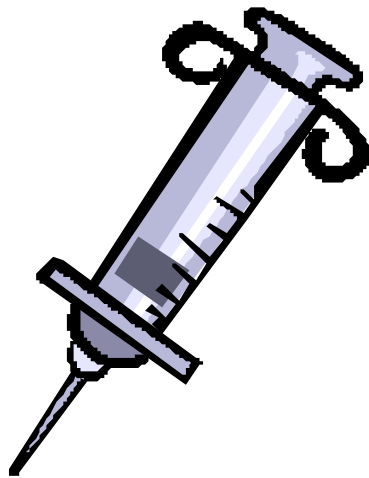
Friends of Hospital

Alessandro Bailetti
 Lillian Barris
 Laureta Bivins
 Ashley Butler
 Christina Carroll
 Leslie Etherton
 Liliana Hardy
 Sarah Heindel
 Seema Jaga
 Katherine Jones
 Jackie Kubai
 Kellie Northup
 Heather Roberts
 Huyen Tran

Our Deepest Sympathies

We send our heartfelt sympathies to **Kay Pavlock** on the passing of her sister. We share in your sadness and pray for comfort for you and your family.

Swine Flu Vaccines



Many of you have inquired about the Swine Flu Vaccines. Our Associate Health Department will make these available to all volunteers when the supply arrives in the fall. More information will be forthcoming about dates it will be available.

Please remember that we encourage you to stay at home if you have a fever or feel that you are coming down with something that would be contagious. If you are ill on the day you are scheduled to volunteer, a courtesy call to the department you volunteer in is greatly appreciated.

Appreciation Notes

Due to the overwhelming response from the staff, we will have a continuing monthly series of Appreciation Notes in order to share all their wonderful comments about our volunteers who make a difference everyday - one person at a time.



Ms. **Margaret Berrisford** starts her day with a smile and everyone she meets smiles with her. She delivers the daily newspaper to all of our residents, delivers the mail, and plays the piano for our Chapel Services. She also assists with bingo three times a week and the list just never ends.

Ms. Berrisford lives at the Haven and also is a best friend to Katie, "the facility cat". Katie also is ready each morning to assist in any way possible to ride in the wheelchair as Ms. Berrisford delivers the morning newspaper.

We thank you for being you! The Haven is most appreciative of her helping hand and for being a wonderful volunteer.

- Janet Suggs, Haven Activities Dir.

* * * * *

Alec and Emma Mason are in our Critical Care Waiting Room on Wednesday's. They are the nicest couple and work very hard to make the families feel comfortable while they are visiting their families. Alec is also gracious enough to restock the coffee supply closet when he is here. They are positively a treasure to have in our waiting room!

- Kathy McCullars

* * * * *

After managing his restaurant business all week, **Ted Equihua** comes to The Haven on Sunday afternoon. As our newest volunteer, Ted exhibits great willingness and a talent for exuding care for our "Older Children".

They love to see him come and assist in setting up for the Worship Service and assisting residents. We appreciate your generous sharing!

- Sr. Celeste Schoppy, Haven Pastoral Care

* * * * *

As a Haven resident, **Ms. June Dudley** attends daily activities of choice such as games, special events, spiritual services and theme related programs. Ms. June continues to serve as Resident Council President and serves as a spokesperson for all residents at the Haven.

In her spare time, she is busy doing her needlepoint - very often she is making something special to share with others for their birthday or just because she cares.

Ms. Dudley also assists with keeping track of the hours served by the volunteers at the Haven.

The Haven is most appreciative of Ms. Dudley's time and dedication to the Haven.

- Janet Suggs, Haven Activities Dir.

Mark Your Calendars!

**Mother Seton Guild
Fall Luncheon
Friday, October 9, 2009
11:00 a.m. - 1:00 p.m.
Greenhut Auditorium**



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Mother Seton Guild

**Sacred Heart
Health System**

